

Schools Build Assets
Youth Self Assessment

Name: _____

Date: _____

School: _____

Grade: _____

Age: _____ Male: _____ Female: _____

<i>Please circle the answer that best reflects your opinions</i>	Always	Almost Always	Undecided	Sometimes	Never
1) I know adults who care about me	5	4	3	2	1
2) I know people who will help me if I need it	5	4	3	2	1
3) I have choices in my future	5	4	3	2	1
4) I'm a leader	5	4	3	2	1
5) Others see me as responsible	5	4	3	2	1
6) I have high expectations of myself	5	4	3	2	1
7) I have interests and hobbies	5	4	3	2	1
8) I'm involved in youth programs or activities (sports, music, religious, or others)	5	4	3	2	1
9) I like school	5	4	3	2	1
10) I get good grades	5	4	3	2	1
11) I come to school prepared (such as having my homework done)	5	4	3	2	1
12) I behave in school.	5	4	3	2	1
13) It's important to try and help others	5	4	3	2	1
14) I am honest	5	4	3	2	1
15) I don't use alcohol	5	4	3	2	1
16) I don't use tobacco	5	4	3	2	1
17) I don't use drugs	5	4	3	2	1
18) I show my feelings	5	4	3	2	1
19) I get along with my family	5	4	3	2	1
20) I get along with others (friends, teachers)	5	4	3	2	1
21) I know teachers who encourage me	5	4	3	2	1
22) I feel safe at school	5	4	3	2	1
23) I respect and care about myself	5	4	3	2	1
24) I respect and care about others	5	4	3	2	1
25) I can handle a problem without hurting myself or others	5	4	3	2	1

Office Use Only

____ Entering Program ____ Leaving Program